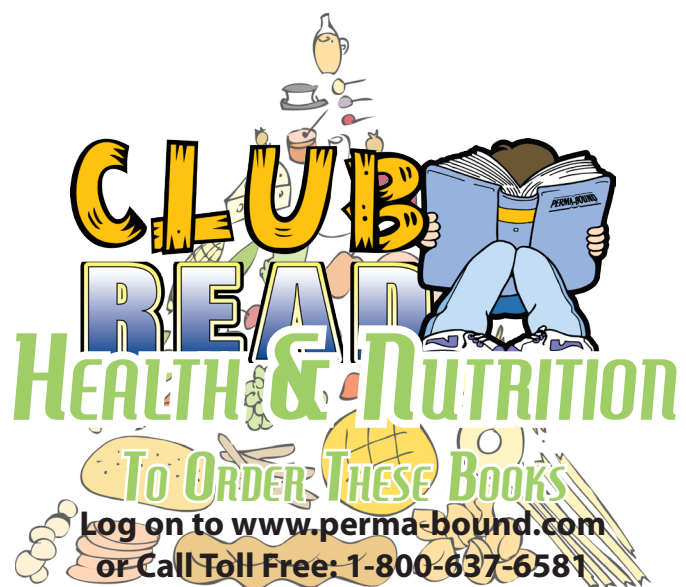


The FIT Kids Act was reintroduced in the 111th Congress this April with support from professional athletes, school districts and parents alike. The goal? Strengthening physical education programs in schools across the country by fostering understanding of the connection between physical health, fitness, self-image and learning.

Studies have shown that children who are vigorously active for 20 to 40 minutes a day may be better able to organize schoolwork, do class projects and learn mathematics, while children who are not active may be at a disadvantage academically.

In celebration of the sponsoring of this bill and the growing awareness of the role health plays in children's ability to learn, Perma-Bound offers you these sets of health and nutrition based titles to enhance your student's learning experience.

For more about this bill and its sponsors and supporters go to www.americanheart.org/fitkidsact



ELEMENTARY

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